

# Careers Education at home - What can you be doing at home?

### 1. Discover and build upon your skills and strengths

Take this personality quiz <https://icould.com/buzz-quiz/>

Life skills and lesson plans <https://barclayslifeskills.com/>



A range of skills-based activities and information <https://hub.skillsbuilder.org/resources/>

Skills employers want <https://www.ucas.com/careers/getting-job/what-are-employers-looking>

Lesson plan and worksheet (use CVDTWINKLHELPS code for free access)

<https://www.twinkl.co.uk/resource/t3-p-92-my-skills-and-qualities-lesson-pack>

### 2. Have a debate

Debate career myths and stereotypes with someone else (online or face-to-face with a family member):

- “Bricklaying is a man’s job”
- “Caring jobs (nurse, teacher, vet etc.) are for females”
- “Only rich people go to university”
- “Apprenticeships aren’t for academics”
- “You need all A’s in your A Levels to go to University”
- “Creative Industries don’t make any money”



Follow this up by researching online and writing down your thoughts.

### 3. Watch educational videos and documentaries

Stacey Dooley’s BBC series <https://www.bbc.co.uk/iplayer/episodes/p06zhf9j/the-nine-to-five-with-stacey-dooley>



Listen to podcasts on different subjects to inspire and to learn

<https://www.bbc.co.uk/sounds/category/podcasts>

<https://www.youthemployment.org.uk/employment-help-young-people/choices/career-podcast/>

Follow this up by writing about what you learnt



### 4. Explore different job roles and the job market

Real people talking about their careers <https://icould.com/>

Information about different job roles <https://guest.startprofile.com/world-of-work/explore/industries>

Information about over 350 job roles within the NHS <https://www.healthcareers.nhs.uk/explore-roles>

Lesson plans and articles <https://www.myworldofwork.co.uk/partner-resources>

A quiz to find jobs that are suited to you <https://www.ucas.com/careers/buzz-quiz>

East Midlands Labour Market Information <https://www.nomisweb.co.uk/reports/lmp/gor/2013265924/report.aspx>

Labour market lesson plans and resources <https://www.careersandenterprise.co.uk/schools-colleges/gatsby-benchmarks/gatsby-benchmark-2>

## 5. Find out about different courses and pathways

information about apprenticeships <https://www.apprenticeships.gov.uk/>

University exploration and course search <https://www.ucas.com/>

Guides on how students link to different careers [https://successatschool.org/advisedetails/1221/coronavirus-gatsby-subject-guides-free-to-access-from-home?utm\\_source=Success+at+School+-+Newsletter+Signups&utm\\_campaign=7e0d5a0af4-](https://successatschool.org/advisedetails/1221/coronavirus-gatsby-subject-guides-free-to-access-from-home?utm_source=Success+at+School+-+Newsletter+Signups&utm_campaign=7e0d5a0af4-EMAIL_CAMPAIGN_2020_03_18_12_44&utm_medium=email&utm_term=0_65c6d67e71-7e0d5a0af4-212054963&goal=0_65c6d67e71-7e0d5a0af4-212054963&mc_cid=7e0d5a0af4&mc_eid=1d43f262bb)

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Compare universities <https://discoveruni.gov.uk/>

Information about university alternatives <https://www.notgoingtouni.co.uk/>

Advice on how to work in certain sectors <https://www.how2become.com/>

Leading university information <https://www.russellgroup.ac.uk/>

Search for courses by location <https://guest.startprofile.com/options/where-could-i-learn>

## 6. Play an educational game

Microsoft Minecraft <https://education.minecraft.net/blog/microsoft-extends-access-to-minecraft-education-edition-and-resources-to-support-remote-learning/>

## 7. Print and complete worksheets/workbooks

PSHE workbooks <https://www.tes.com/teaching-resource/pshe-home-learning-coronavirus-cover-work-12268315>

Citizenship workbooks <https://www.tes.com/teaching-resource/home-learning-coronavirus-citizenship-12268323>

Skills and activities - <https://www.youthemployment.org.uk/free-skills-careers-activities-booklet-for-young-people/>

## 8. Take a free online course or lesson

30-minute apprenticeship in Business <https://hub.skillsbuilder.org/resources/30-minute-apprenticeship-business/>

30-minute apprenticeship in Construction <https://hub.skillsbuilder.org/resources/30-minute-apprenticeship-construction/>

30-minute apprenticeship in Marketing <https://hub.skillsbuilder.org/resources/30-minute-apprenticeship-marketing/>

Strengths and Skills lesson <https://hub.skillsbuilder.org/resources/mapping-strengths/>

Staying Positive lesson <https://hub.skillsbuilder.org/resources/getting-job/>

Finding your Cyber Security Career Path (Free online course) <https://www.edx.org/course/finding-your-cybersecurity-career-path>

Career Skills for Investment Banking and finance (Free online course) <https://www.edx.org/course/essential-career-skills-for-investment-banking-and>



Creativity and Entrepreneurship (Free online course) <https://www.edx.org/course/creativity-entrepreneurship>

Resilience, art of coping in tomorrow's workplace (Free online course) - <https://www.edx.org/course/resilience-the-art-of-coping-with-disasters>

Prepare for career success at Uni (Free online course) <https://www.futurelearn.com/courses/career-success>

Building your career in tomorrow's workplace (Free online course) <https://www.futurelearn.com/courses/creating-your-future>

How to start your career in Games development (Free online course) <https://www.futurelearn.com/courses/how-to-start-your-career-in-games-development>

How to succeed in interviews (Free online course) <https://www.futurelearn.com/courses/interviews>

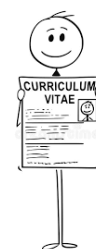
## 9. Create a CV and/or write a personal statement

Free app for CV creation <https://fledglink.com/>

CV builder <https://barclayslifeskills.com/i-want-to-use-my-online-presence-to-get-ahead/school/cv-builder>

CV writing guidance <https://www.prospects.ac.uk/careers-advice/cvs-and-cover-letters/how-to-write-a-cv>

personal statement guide <https://www.ucas.com/undergraduate/applying-university/how-write-ucas-undergraduate-personal-statement>



## 10. Browse Careers websites

[BBC Bitesize](#)

[Springpod](#)

[All About School Leavers](#)

[Start Profile](#)

[National Careers Service](#)

[Success at School](#)

[Careerpilot](#)

[All About Apprenticeships](#)

[Careers Box](#)

[Luminate Careers and Coaching](#)

[icould](#)

[National Careers Week](#)

