

## Future Prospects



Students can go on to study an A Level in Home Economics or a vocational BTEC or Apprenticeship or NVQ in Food, cooking or Hospitality and Catering.

### Careers in food:

Chef  
Farmer  
Nutritionist  
Dietician  
Food technologist (Graduate- £19-£25k)  
Butcher  
Dairy Engineer  
Consumer Scientist  
Food Scientist

# GCSE Food Preparation & Nutrition

Where would we be without new ideas?

*Everybody needs food!*

**2020-2022**

**Please see Miss Siviter or Mrs Brown for more information**

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GCSE Food Preparation and Nutrition equips students with an array of culinary techniques, as well as knowledge of nutrition, food traditions and kitchen safety.

Students will be able to make informed decisions about a wide range of further learning opportunities and career pathways, and develop vital life skills so that they can feed themselves and others affordably and nutritiously.

**The course is broken down in to the following sections:**

- Food Preparation and Skills
- Food, Nutrition and Health
- Food Safety
- Food Science
- Food Provenance
- Food Choice



**Course is broken in to three sections:**

Written exam - 50% of the grade

Food investigation task - 15% of the grade

Written report (1500-2000 words)

The Food Preparation Assessment - 35% of the grade

Portfolio of work and 3 main dishes to be cooked in a 3 hour time slot

**Students are required to provide their own ingredients for this course, which can be up to £10 a week. Students will be cooking weekly/fortnightly.**

**You have to cook what is stated in the qualification specification, this includes having to fillet a fish and portion a chicken. This cannot be negotiated**

