

# Lees Brook School Bronze D of E Kit List

It is vital to keep weight and volume to a minimum

Personal kit Provided by Student		
Item	Description	Check
1	<b>Camp food</b> - 1 dinner, 1 breakfast, 2 lunches	
2	<b>Emergency food</b> (wrapped in plastic bags and labelled e.g. cereal bar, nuts, dried fruit, jelly)	
3	<b>Flip flops / plimsolls</b> for at campsite	
4	<b>Hat</b> - baseball cap in hot weather & woolly hat in colder weather	
5	<b>Gloves</b> (for cold weather expeditions)	
6	<b>Knife, fork, spoon, bowl &amp; mug</b> - small & light weight (plastic only)	
7	<b>Bin bags x4</b> - For keeping things dry & rubbish etc.	
8	<b>Personal medication</b> (if applicable)	
9	<b>Sun cream</b> (high factor - essential if hot weather)	
10	<b>Toiletries (Travel size)</b> (toothbrush / paste, toilet paper, hand sanitiser)	
11	<b>Torch</b> – with full batteries	
12	<b>Hand towel (small)</b>	
13	<b>Walking clothes</b> - plus one spare set ( t-shirt / shorts / tracksuit bottoms / fleece / underwear) <b>NO JEANS</b>	
14	<b>Walking socks</b> (two pairs)	
15	<b>Watch</b>	
16	<b>Water bottles</b> - plastic ideally; 2 x 750ml bottles or 2 x 1 litre bottles	
17	<b>Whistle</b> for emergency help	
18	<b>Personal first aid kit</b> – including Compeed Blister Plasters	
19	<b>Survival bag</b> (e.g. Hi Gear Survival Bag from Go Outdoors £2.25)	
20	<b>Emergency blanket</b> (put in carrier bag with name on – transported in the minibus should your youngster get cold at night)	
21	<b>Hot Water Bottle</b> (Optional for cold weather expeditions - transported in the minibus)	

Group kit One Per Walking Team		
Item	Description	Person responsible
22	<b>Brillo pads / washing up liquid</b> in a small bottle	
23	<b>Matches</b> (in waterproof container) no lighters	
24	<b>Old dish cloth &amp; tea towel</b>	
25	<b>Tin opener</b> (if needed)	
26	<b>Wooden spoon</b>	

## Kit available to loan from school (or provide yourself)

We have limited supply. Please email Mr Waterhouse before the reply date of this letter with your requirements: [AWaterhouse@leesbrook.co.uk](mailto:AWaterhouse@leesbrook.co.uk)

Item	Description	Check
27	<b>Hiking Boots</b> - High enough sides to protect from ankle injuries	
28	<b>Sleeping bag</b> (2 season for summer expeditions and 3 season for spring / autumn expeditions)	
29	<b>Waterproofs</b> - coat and over trousers. Coat must have attached hood. Breathable fabric and fully waterproof.	

## Kit provided by school This kit will be provided to all students.

Item	Description
30	<b>Carry roll mat</b>
31	<b>Trangia stove &amp; Gas Bottle</b>
32	<b>Light weight backpacking tent</b>
33	<b>Rucksack (65L)</b> - (you can provide your own rucksack)

It is important to bring suitable clothing for unpredictable weather. Day 1 could be torrential rain and very cold with Gale force winds day 2 could be warm and sunny. Be prepared! Should you have any questions, please ask your leader.